About 16 servings per co	ntainer
Serving size 3 Pieces (144g)	
	(
Amount per serving	040
Calories	310
% [Daily Value
Total Fat 14g	18%
Saturated Fat 8g	40%
Trans Fat 0g	
Cholesterol 80mg	27%
Sodium 570mg	25%
Total Carbohydrate 31g	11%
Dietary Fiber 2g	7%
Total Sugars 2g	
Includes 0g Added Sugars	0%
Protein 17g	
Vitamin D 0mcg	0%
Calcium 291mg	20%
Iron 1mg	6%
Potassium 257mg	6%

Ingredients

Ricotta Cheese (Pasteurized Milk, Pasteurized Whey, Pasteurized Cream, Vinegar, Salt), Enriched Semolina Flour (Semolina Flour (Semolina Flour (Semolina Flour (Acid)), Water, Stracdatella Cheese (Pasteurized Milk, Pasteurized Cream, Vinegar, Enzymes, Salt), Low-Moisture Part-Skim Mozzarella Cheese ([Pasteurized Milk, Cheese Cultures, Salt, Enzymes), Potato Starch, Canola Oil, And Cellulose Powder Added To Prevent Caking), Pasteurized Whole Eggs, Milk, Salt, Dietary Fiber, Beta Carotene (Color), Stabilizers (Xanthan Gum, Locust Bean Gum, Guar Gum), Spices.Contains: Wheat, Milk, Eggs