

Nutrition Facts

Serving Size 2 oz. (56g) 1/8 bag

Servings Per Container 8

Amount Per Serving

Calories 200	Calories From Fat 5
Total Fat 0.5g	1%
Saturated Fat 0g	0%
Trans Fat 0g	0%
Cholesterol 0 mg	0%
Sodium 0 mg	0%
Total Carbohydrate 41g	14%
Dietary Fiber 1g	4%
Sugars 1g	
Protein 6g	

Vitamin A 0% - Vitamin C 0%

Calcium 0% - Iron 10%

Thiamine 37% - Riboflavin 14%

Niacin 18% - Folic Acid 30%

Percent Daily Values are based on 2,000 calorie diet

Ingredients:

Selected wheat flour, Iron, Niacine, Tiamine, Riboflavine, Folic Acid. Contains gluten.