



**LOTUS
FOODS**
RICE IS LIFE

PRODUCT SPECIFICATION – Organic Forbidden Rice® 11lbs

Nutrition Facts

9 servings per container
Serving size 1/4 cup (45g)

Amount per serving

Calories 150

% Daily Value*

Total Fat 1.5g 2%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 0mg 0%

Total Carbohydrate 33g 12%

Dietary Fiber 3g 11%

Total Sugars 0g

Includes 0g Added Sugars 0%

Protein 4g

Vitamin D 0mcg 0%

Calcium 0mg 0%

Iron 1mg 6%

Potassium 121mg 2%

*The % Daily Value tells you how much a nutrient in a

serving of food contributes to a daily diet. 2,000 calories a

day is used for general nutrition advice.



Storage and Shipping

Store in a cool dry place. Protect from light, moisture, freezing and excessive heat.

Ingredient: Organic Black Rice