

Nutrition Facts	
(Ready to Eat)	
8 Servings Per Container	
<b>Serving Size</b>	<b>66 g</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>170</b>
	% Daily Value*
Total Fat 3.5 g	4%
Saturated Fat 0 g	0%
Trans Fat 0 g	
Polyunsaturated Fat 1 g	0%
Monounsaturated Fat 2 g	0%
Cholesterol 0 mg	0%
Sodium 250 mg	11%
Total Carbohydrate 35 g	13%
Dietary Fiber 4 g	14%
Sugar 5 g	8%
Protein 1 g	
Vitamin D 0 µg	0%
Potassium 33 mg	0%
Calcium 18 mg	2%
Iron 1 mg	6%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:**

Water, Gluten-Free Flour Blend (Modified Tapioca Starch, Corn Starch, Potato Starch), Whole Grain Blend (Whole Brown Rice Flour, Whole Teff Flour, Whole Millet, Whole Red Quinoa), Sunflower Oil, Raisin Juice, Dextrose, Psyllium Husk, Cane Sugar, Yeast, Modified Cellulose, Pea Fiber, Salt, Rice Bran, Cultured Cane Sugar, Vinegar, Cellulose Gum.