

PRODUCT OF BOLIVIA
ORGANIC QUINOA



C&F, ORGANIC 25 LBS.

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**Nutrition
Facts**

Serving Size 1/4 cup dry (43g)
Servings Per Container about 264

Calories 160

Calories from Fat 25

*Percent Daily Values (DV) are
based on a 2,000 calorie diet.

Amount/serving **% DV***

Total Fat 2.5g **4%**

Saturated Fat 0g **0%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 0mg **0%**

Vitamin A 0% • Vitamin C 0% • Calcium 2% • Iron 10%

Amount/serving **% DV***

Total Carb. 29g **10%**

Dietary Fiber 3g **12%**

Soluble Fiber 0g

Insoluble Fiber 0g

Sugars 0g

Protein 6g

INGREDIENT: ORGANIC QUINOA.

Produced by: **C & F Foods, Inc.**

CORPORATE OFFICE

CITY OF INDUSTRY, CA 91744

Certified Organic by Quality Assurance International