

NUTRITIONAL FACTS

Serving Size: 1 Cup (240mL)
Servings Per Container About 4
Calories: 80

Calories from Fat: 35
% Daily Value*

Total Fat: 4g	6%
Saturated Fat: 0.5g	3%
Trans Fat: 0g	
Polyunsaturated Fat: 2.5g	
Monounsaturated Fat: 1g	
Cholesterol: 0mg	0%
Sodium: 75mg	3%
Potassium: 300mg	8%
Total Carbohydrate: 3g	1%
Dietary Fiber: 1g	2%
Sugars: 1g	
Protein: 8g	16%
Vitamin A: 10%	Vitamin C: 0%
Calcium: 30%	Iron: 6%
Vitamin D 30%	Riboflavin: 30%
Vitamin B12: 50%	

INGREDIENTS

Organic Soy milk (Filtered Water, Organic Soybeans), Contains 2% or Less of: Vitamin and Mineral Blend (Calcium Carbonate, Vitamin A Palmitate, Vitamin D2, Riboflavin [b2], Vitamin B12), Sea Salt, Natural Flavor, Gellan Gum.
CONTAINS SOY.