

NUTRITION FACTS

About 4 Servings Per Container

Serving size 1 Cup (240mL)

Amount per serving

Calories 60

% Daily Value*

Total Fat 4.5g 6%

Saturated Fat 0g

Trans Fat 0g

Polyunsaturated Fat 3.5g

Monounsaturated Fat 0.5g

Cholesterol 0mg

Sodium 110mg 5%

Total Carbohydrate 0g 0%

Dietary Fiber 0g

Total Sugars 0g

Includes 0g Added Sugars

Protein 3g 3%

Vitamin D 2mcg 10%

Calcium 260mg 20%

Iron 1.6mg 8%

Potassium 100mg 2%

Magnesium 55mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

WATER, HULLED HEMP SEED, CONTAINS 1% OR LESS OF: DISODIUM PHOSPHATE, GELLAN GUM, NATURAL VANILLA FLAVOR WITH OTHER NATURAL FLAVORS, TRICALCIUM PHOSPHATE, VITAMIN D2, XANTHAN GUM.

CONTAINS: GLUTEN