

NUTRITION FACTS

About 4 Servings Per Container

Serving size

1 Cup (240mL)

Amount per serving

Calories

140

% Daily Value*

Total Fat 6g 8%

Saturated Fat 1g 5%

Trans Fat 0g

Polyunsaturated Fat 4g

Monounsaturated Fat 0.5g

Cholesterol 0mg

Sodium 130mg 6%

Total Carbohydrate 19g 7%

Dietary Fiber 0g

Total Sugars 12g

Includes 12g Added Sugars 24%

Protein 4g 4%

Vitamin D 2mcg 10%

Calcium 270mg 20%

Iron 1.9mg 10%

Potassium 140mg 2%

Magnesium 65mg 15%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

WATER, BROWN RICE SYRUP, HULLED HEMP SEED,
CONTAINS 1% OR LESS OF: DISODIUM PHOSPHATE,
TRICALCIUM PHOSPHATE, VITAMIN D2, XANTHAN
GUM.

CONTAINS: GLUTEN