

Nutrition Facts

About 4 servings per container

Serving size 1 cup (240 mL)

Amount per serving

Calories **150**

% DV*

Total Fat 6g **8%**

Saturated Fat 1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 35mg **2%**

Total Carbohydrate 20g **7%**

Dietary Fiber 1g **4%**

Total Sugars 14g

Includes 14g Added Sugars **28%**

Protein 3g

Vitamin D 0.3mcg 0% • Calcium 480mg 35%

Iron 1.2mg 6% • Potassium 280mg 6%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, BROWN RICE SYRUP, HULLED HEMP SEED, CONTAINS LESS THAN 1% OF: TRICALCIUM PHOSPHATE, DIPOTASSIUM PHOSPHATE, XANTHAN GUM.