

Nutrition Facts

About 4 servings per container
Serving size 1 cup (240 mL)

Amount per serving	
Calories	**160**
	% Daily Value*
Total Fat 7 g	**9%**
Saturated Fat 0.5 g	**3%**
Trans Fat 0 g	
Cholesterol 0 mg	**0%**
Sodium 160 mg	**7%**
Total Carbohydrate 21 g	**8%**
Dietary Fiber 1 g	**4%**
Total Sugars 11 g	
Includes 11 g Added Sugars	**21%**
Protein 3 g	
Vitamin D 0 mcg	0%
Calcium 350 mg	25%
Iron 0.5 mg	2%
Potassium 70 mg	2%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Oat base (water, oats), low erucic acid rapeseed oil. Contains 2% or less of: cane sugar, matcha powder, calcium carbonate, sea salt, natural flavor, gellan gum.

CERTIFIED VEGAN VEGAN.ORG

NON GMO Project VERIFIED nongmoproject.org

CERTIFIED GLUTEN FREE GFCO.ORG

GLYPHOSATE RESIDUE FREE

PAREVE

1 90646 63236 6