

<b>Nutrition Facts</b>	
<b>(Ready to Drink)</b>	
<b>Serving Size</b>	<b>1 Cup</b>
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>140</b>
	% Daily Value*
Total Fat 7 g	9%
Saturated Fat .5 g	3%
Trans Fat 0 g	
Cholesterol 0 mg	0%
Sodium 100 mg	4%
Total Carbohydrate 16 g	6%
Dietary Fiber 2 g	7%
Sugar 7 g	
Added Sugar 7 g	14%
Protein 3 g	
Vitamin D 3.6 µg	20%
Potassium 390 mg	8%
Calcium 350 mg	25%
Iron .3 mg	2%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

**INGREDIENTS:**

Oat Base (Water, Oats), Low Erucic Acid Rapeseed Oil. Contains 2% Or Less Of: Dipotassium Phosphate, Calcium Carbonate, Tricalcium Phosphate, Sea Salt, Dicalcium Phosphate, Riboflavin, Vitamin A, Vitamin D2, Vitamin B12.