

Nutrition Information

Selection Gourmet Cocoa (21001)

Nutrition Facts

Serving Size 32 g
Servings Per Container 8 oz Cup

Amount Per Serving

Calories 120 Calories from Fat 5

% Daily Value*

Total Fat 1g **1 %**

Saturated Fat 0g **0 %**

Trans Fat 0g

Cholesterol 0mg **0 %**

Sodium 115mg **5 %**

Total Carbohydrate 27g **9 %**

Dietary Fiber 1g **4 %**

Sugars 18g

Protein 2g

Vitamin A 0% • Vitamin C 0%

Calcium 8% • Iron 4%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Sugar, Whey Powder, Cocoa Powder (processed with alkali), Non-Dairy Creamer (Corn Syrup Solids, Partially Hydrogenated Coconut And/Or Soybean Oil, Sugar, Sodium Caseinate [A Milk Derivative], Dipotassium Phosphate, Mono & Diglycerides, Sodium Silico Aluminate, Artificial Color And Flavor), Silicon Dioxide (To Prevent Caking), Cellulose Gum, Natural & Artificial Flavor

CONTAINS: Milk

Caffeine: 9 mg