

# Nutrition Facts

1 Servings Per Container

**Serving Size 10 fl oz as packaged  
(322g)**

Amount Per Serving

**Calories 520**

**% Daily Value\***

**Total Fat** 17g **22%**

Saturated Fat 11g **55%**

*Trans* Fat 0.5g

**Cholesterol** 55mg **18%**

**Sodium** 160mg **7%**

**Total Carbohydrate** 82g **30%**

Dietary Fiber 3g **9%**

Total Sugars 60g

Includes 47g Added Sugars **94%**

**Protein** 12g **23%**

Vitamin D 1.2mcg 6%

Calcium 330mg 25%

Iron 2.9mg 15%

Potassium 650mg 15%

Thiamin 15%

Riboflavin 40%

Niacin 0%

Folate 2%

\* The % Daily Value (dv) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: MILK, SUGAR, CORN SYRUP, CREAM, WATER, NONFAT DRY MILK,  
CONTAINS LESS THAN 2% OF THE FOLLOWING: COCOA, COCOA ALKALI PROCESSED,  
MONO AND DIGLYCERIDES, GUAR GUM, DEXTROSE, CARRAGEENAN.