

Nutrition Facts

Serving Size

Amount Per Serving

Calories 110

% Daily Value*

Total Fat 3.5g 5%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 95mg 4%

Total Carbohydrate 19g 6%

Dietary Fiber 1g 4%

Sugars 11g

Protein 1g 2%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:

SUGAR, OATS, RAISINS, WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MARGARINE (PALM OIL, SOYBEAN OIL, WATER, SALT, CONTAINS LESS THAN 2% OF VEGETABLE MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], CITRIC ACID, NATURAL AND ARTIFICIAL FLAVOR, VITAMIN A PALMITATE, BETA-CAROTENE [COLOR], WHEY), INVERT SUGAR, SHORTENING (PALM OIL), WATER, CONTAINS LESS THAN 2% OF BAKING SODA, BUTTERMILK POWDER (MILK SOLIDS), EGGS, FOOD STARCH-MODIFIED, MOLASSES, NATURAL FLAVORS, SALT, SOY LECITHIN, SPICE.

CONTAINS: WHEAT, EGGS, MILK, SOY