

Nutrition Facts

Serving Size

Amount Per Serving

Calories 240

	% Daily Value*
Total Fat 9g	14%
Saturated Fat 4.5g	23%
Trans Fat 0g	
Cholesterol 20mg	7%
Sodium 240mg	10%
Total Carbohydrate 35g	12%
Dietary Fiber 1g	4%
Sugars 17g	
Protein 3g	6%

*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS:

ENRICHED WHEAT FLOUR (WHEAT FLOUR, Malted Barley Flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), sugar, margarine (palm oil, water, salt, mono- and diglycerides, soy lecithin, sodium benzoate [preservative], artificial flavor, beta-carotene [color], vitamin A palmitate), wheat flour, shortening (palm oil), water, contains less than 2% of baking soda, eggs, natural and artificial flavors (milk), salt.

CONTAINS: WHEAT, EGGS, MILK, SOY