Nutrition	Facts
Serving Size	
Amount Per Serving Calories 230	
	% Daily Value*
Total Fat 8g	12%
Saturated Fat 4g	20%
Trans Fat 0g	
Cholesterol 15mg	5%
Sodium 190mg	8%
Total Carbohydrate 37g	12%
Dietary Fiber 1g	4%
Sugars 22g	
Protein 3g	6%
*Percent Daily Values are based on a 2,000 calorie diet.	

INGREDIENTS:

SUGAR, RAISINS (RAISINS, SUNFLOWER OIL), ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), OATS, SHORTENING (PALM OIL), WHEAT FLOUR, MARGARINE (PALM OIL, WATER, SALT, MONO- AND DIGLYCERIDES, SOY LECITHIN, SODIUM BENZOATE [PRESERVATIVE], ARTIFICIAL FLAVOR, BETACAROTENE [COLOR], VITAMIN A PALMITATE), WATER, MOLASSES, CONTAINS LESS THAN 2% OF BAKING SODA, EGGS, NATURAL FLAVORS (MILK), SALT, SPICES.

CONTAINS: WHEAT, EGGS, MILK, SOY