

Nutrition Facts Servings: 1, **Serv. size: 1 Can drained (67 g),**

Amount per serving: **Calories 180**, **Total Fat** 14g (18% DV), Sat. Fat 2g (10% DV),
Trans Fat 0g, **Cholest.** 35mg (12% DV), **Sodium** 180mg (8% DV), **Total Carb.** 0g (0% DV),
Fiber 0g (0% DV), Total Sugars 0g (Incl. 0g Added Sugars, 0% DV), **Protein** 15g,
Vit. D (10% DV), Calcium (2% DV), Iron (2% DV), Potas. (4% DV).