

NUTRITION

Nutrition Facts

Serving Size: 100g

| Amount Per Serving | As Packaged |
|--------------------|----------------|
| Calories | 385 |
| | % Daily Value* |

Total Fat6g
Saturated Fat1g
Trans Fat0g
Cholesterol54mg
Sodium850mg
Total Carbohydrate73g
Dietary Fiber2g
Total Sugars29g
Includes28gAdded Sugars
Protein9g

Vitamin D
Calcium60mg
Iron3mg
Potassium179mg

* Percent Daily Value (DV) are based on a 2,000 calorie diet * - Not a significant
nutrient source

INGREDIENTS

ENRICHED FLOUR (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), SUGAR, SOYBEAN OIL, DEFATTED SOY FLOUR, NONFAT MILK, DEXTROSE. CONTAINS 2% OR LESS OF: BAKING POWDER (SODIUM ACID PYROPHOSPHATE, BAKING SODA, MONOCALCIUM PHOSPHATE), POTATO FLOUR, EGG YOLK WITH SODIUM SILICOALUMINATE, YELLOW CORN FLOUR, SALT, SOY LECITHIN, TOASTED GROUND WHEAT GERM, NATURAL AND ARTIFICIAL FLAVOR.
Allergens: CONTAINS WHEAT, EGG, MILK, AND SOY INGREDIENTS.