



NationalFoodsPackaging®



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PLAIN MUFFIN MIX



ITEM # 80145

Origin: Product of USA
Brand: Old Tyme Mill
Pack: 5 lb. bag
Package Format: LDPE bag
Gross Weight: 5.3 lbs.
Net Weight: 5 lbs.
Bag Size: 18 x 4 x 9
Shelf Life: 12 Months
Pallet Ti/Hi: 6 Ti x 9 Hi
Servings/Case: 55 (approx.)
Storage: Store in a cool, dry place between 35F and 80F degrees.
Product Preparation: Just Add Water

Ingredients: Flour (bleached wheat flour, niacin, reduced Iron, thiamin, folic acid), Dextrose, Soybean Oil, Baking Powder (calcium acid pyrophosphate, sodium bicarbonate, monocalcium phosphate monohydrate, corn starch), Salt, Natural and Artificial Flavors.

Allergens: Wheat

Nutrition Facts:

Serving Size: 30 g (1oz.)
Servings Per Container: 55 (approx.)

Amount Per Serving		
Calories		190
Calories from Fat		35
	% Daily Value	
Total Fat	2g	3%
Saturated Fat	1g	5%
Trans Fat	0g	
Cholesterol	0mg	0%
Sodium	277mg	11%
Total Carb	39g	12%
Dietary Fiber	1g	4%
Sugars	14g	
Protein	3g	

Vitamin A 0% ~ Vitamin C 0%
Iron 0% ~ Calcium 10%

*Percent Daily Values are based on a 2,000 Calorie diet.
Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400g	2400g
Total Carb			300g
	375g		
Fiber		25g	30g

Calories per gram: Fat 1 * Carbohydrates 1 * Protein 0

The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package or call for the most recent version.