

<b>Nutrition Facts</b>	
<b>Serving size</b>	
<b>Amount Per Serving</b>	
<b>Calories</b>	<b>240</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 4.5g	<b>6%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 5mg	<b>2%</b>
<b>Sodium</b> 210mg	<b>9%</b>
<b>Total Carbohydrate</b> 36g	<b>13%</b>
Dietary Fiber 4g	<b>14%</b>
Total Sugars 12g	
Includes 12g Added Sugars	<b>24%</b>
<b>Protein</b> 14g	<b>28%</b>
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

#### INGREDIENTS:

100% whole grain rolled oats, cane sugar, semisweet chocolate chips (sugar, unsweetened chocolate cocoa butter, dextrose, sunflower lecithin), pea protein concentrate with tapioca starch, milk, protein concentrate, whey protein isolate with sunflower lecithin, cocoa, sea salt.

Contains milk. Also contains trace amounts of egg, peanut soy, tree nuts, and wheat due