

Nutrition Facts	
Serving size	
Amount Per Serving	
Calories	290
% Daily Value*	
Total Fat 11g	14%
Saturated Fat 6g	30%
<i>Trans</i> Fat 0g	
Cholesterol 15mg	5%
Sodium 230mg	10%
Total Carbohydrate 41g	15%
Dietary Fiber 5g	18%
Total Sugars 25g	
Includes 25g Added Sugars	50%
Protein 10g	20%
Not a significant source of vitamin D, calcium, iron, and potassium	
*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS:

Cane sugar, 100% whole grain wheat flour, semisweet chocolate (sugar, unsweetened chocolate, cocoa butter, dextrose, sunflower and/or soy lecithin), cocoa (processed with alkali), palm oil, vital wheat gluten, 100% whole grain oat flour, whey protein concentrate, powdered whole egg, sea salt, natural flavor, baking soda.

Contains milk, soy, and wheat. Due to processing on shared equipment, contains trace amounts of egg and tree nuts.