Nutrition Facts

12 servings per container
Serving size 1 bar (60g)

Amount per serving Calories 240

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% Daily	value*
Total Fat 10g	13%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 10mg	3%
Sodium 115mg	5%
Total Carbohydrate 22g	8%
Dietary Fiber 3g	11%
Total Sugars 1g	
Includes 0g Added Sugars	0%
Sugar Alcohols 4g	
Protein 20g	40%
Vitamin D 0.1mcg	0%
Calcium 120mg	10%
Iron 0.7mg	4%
Potassium 140mg	2%

^{*}The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Protein Blend (Whey Protein Isolate, Milk Protein Isolate), Isomalto-Oligosaccharides (Prebiotic Fiber From Vegetable Source), Palm Kernel Oil, Vegetable Glycerin (Humectant), Maltitol (Sweetener). Almonds, Coconut, Cocoa Powder (Processed With Alkali), Natural Flavors, Soy Lecithin (An Emulsifier), Sugar, Sea Salt, Tapioca Starch Calcium Carbonate (Color) And Sucralose (<300Mg/Kg)

Contains: Milk, Soy, Coconut, Almond