Nutrition I	Facts
Serving Size	
Amount Per Serving Calories 429	
	% Daily Value*
Total Fat 12g	18%
Saturated Fat 7g	35%
Trans Fat 0g	
Cholesterol 18mg	6%
Sodium 829mg	35%
Total Carbohydrate 73g	24%
Dietary Fiber 3g	12%
Sugars 43g	
Protein 7g	14%

INGREDIENTS:

SUGAR, ENRICHED FLOUR BLEACHED (WHEAT FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), PALM OIL, COCOA, DEXTROSE, COCOA PROCESSED WITH ALKALI. CONTAINS 2% OR LESS OF: EGG WHITE, LEAVENING (BAKING SODA, MONOCALCIUM PHOSPHATE), EGGS, MODIFIED CORN STARCH, PROPYLENE GLYCOL MONO AND DIESTERS, SALT, CARAMEL COLOR, MONO AND DIGLYCERIDES, CELLULOSE GUM, SOY LECITHIN, WHEY, NATURAL FLAVOR.

CONTAINS: WHEAT, EGG, SOY AND MILK INGREDIENTS