



The Sweet Taste of Tradition

GOOD FOOD, INC.

PURITY, QUALITY, AND TRADITION

**GOLDEN · BARREL
BAKING PRODUCTS**

Shoofly Cake Mix

Nutrients per 100g as is (Wet Basis)

Calories	348.6 Kcal
Fat.....	0.7 g
Saturated Fat.....	0.1 g
Trans Fat.....	0 g
Cholesterol.....	0 mg
Protein.....	4.7 g
Carbohydrate.....	80.5 g
Fiber.....	0.9 g
Sugars.....	40.2 g

Minerals:

Calcium.....	23.8 mg
Iron.....	2.0 mg
Sodium.....	398.8 mg
Potassium.....	81.9 mg

Vitamins:

Vitamin A.....	1.1 IU
Vitamin C.....	0 mg
Niacin.....	2.1 mg
Thiamine.....	0.3 mg
Riboflavin.....	0.2 mg

Ingredients for Dry Mix: Flour, Brown Sugar, Baking Soda, Salt

Ingredients for Syrup: Corn Syrup, Water, Molasses, Invert Sugar, Caramel Color

Oscar Brunner

Director of Quality Control

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