

Nutrition Facts

Serving Size 1/4 Cup (62g)

Servings Per Container 48

Amount Per Serving

Calories 90

Calories from Fat 70

% Daily Value*

Total Fat 8g **12%**

Saturated Fat 2g **10%**

Trans Fat 0g

Polyunsaturated Fat 2.5g

Monounsaturated Fat 3g

Cholesterol 15mg **5%**

Sodium 240mg **10%**

Total Carbohydrate 2g **1%**

Dietary Fiber 0g **0%**

Sugars 0g

Protein 2g **4%**

* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2400mg	2400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g