

Nutrition Facts

About 11 servings per container

Serving size 3 fl oz (90mL)

Amount Per Serving

Calories 130

% Daily Value*

Total Fat 0g 0%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 5mg 2%

Sodium 150mg 7%

Total Carbohydrate 27g 10%

Dietary Fiber 0g 0%

Total Sugars 25g

Includes 18g Added Sugars 36%

Protein 4g

Vitamin D 0.7mcg 4%

Calcium 130mg 10%

Iron 0.1mg 0%

Potassium 220mg 4%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: Cultured Grade A Skim Milk, Sugar, Cultured Whey, Tapioca Syrup Solids, Whey Protein Concentrate, Acacia Gum, Natural Flavor, Sodium Citrate, Guar Gum, Carob Bean Gum, Carrageenan. Contains live and active cultures: *S. thermophilus*, *L. bulgaricus*, *L. acidophilus*, and *Bifidobacterium*.

CONTAINS MILK