



PRODUCT SPECIFICATIONS

Product Code: 00550

Badia Spices, Inc.
1400 NW 93rd Avenue
Doral, FL 33172

Product Name:

6/2 LBS ADOBO W/OUT PEPPER

Nutrient Analysis	
Nutrient	Per 100g
Gram Weight (g)	100
Calories (kcal)	98.08
Calories from Fat (kcal)	2.1
Calories from SatFat (kcal)	0.63
Protein (g)	3.09
Carbohydrates (g)	23.18
Total Dietary Fiber (g)	2.04
Total Soluble Fiber (g)	0
Dietary Fiber (2016) (g)	2.38
Soluble Fiber (2016) (g)	0
Total Sugars (g)	8.07
Added Sugar (g)	7.61
Monosaccharides (g)	0.08
Disaccharides (g)	7.99
Other Carbs (g)	10.93
Fat (g)	0.23
Saturated Fat (g)	0.07
Mono Fat (g)	0.03
Poly Fat (g)	0.04
Trans Fatty Acid (g)	0
Cholesterol (mg)	0
Water (g)	1.42



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Nutrient	Per 100g
Vitamin A - IU (IU)	71.63
Vitamin A - RE (mcg)	7.16
Vitamin A - RAE (mcg)	3.58
Carotenoid RE (mcg)	7.16
Retinol RE (mcg)	0
Beta-Carotene (mcg)	42.98
Vitamin B1 - Thiamin (mg)	0.07
Vitamin B2 - Riboflavin (mg)	0.03
Vitamin B3 - Niacin (mg)	0.15
Vitamin B3 - Niacin Equiv (mg)	0.54
Vitamin B6 (mg)	0.28
Vitamin B12 (mcg)	0
Biotin (mcg)	0
Vitamin C (mg)	0.25
Vitamin D - IU (IU)	0
Vitamin D - mcg (mcg)	0
Vitamin E - Alpha-Toco (mg)	0.18
Folate (mcg)	8.19
Folate, DFE (mcg DFE)	8.19
Vitamin K (mcg)	0.27
Pantothenic Acid (mg)	0.13
Calcium (mg)	69.51



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Chromium (mcg)	0.04
Copper (mg)	0.11
Fluoride (mg)	0
Iodine (mcg)	0
Iron (mg)	2.71
Magnesium (mg)	19.02
Manganese (mg)	0.47
Molybdenum (mcg)	0
Phosphorus (mg)	74.06
Potassium (mg)	253.35
Selenium (mcg)	4.2
Sodium (mg)	27837
Zinc (mg)	0.58
Omega 3 Fatty Acid (g)	0
Omega 6 Fatty Acid (g)	0.03
Alcohol (g)	0
Caffeine (mg)	0
Choline (mg)	12.08