



Coconut Oil No Trans Fat Jar

PRODUCT CODE: 20100LOU

Easy to substitute in recipes for butter, margarine or shortening, LouAna 100% Pure Coconut Oil gives your food a wholesome twist without any coconut aroma or taste.

Nutrition Facts

60 servings per container	
<b>Serving Size</b>	1.00 TBSP (14g)
<b>Amount per serving</b>	
<b>Calories</b>	120
% Daily Value*	
<b>Total Fat</b> 14g	18%
Saturated Fat 12g	60%
Trans Fat 0g	0%
Polyunsaturated Fat 0g	0%
Monounsaturated Fat 1g	0%
<b>Cholesterol</b> 0mg	0%
<b>Sodium</b> 0mg	0%
<b>Total Carbohydrate</b> 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	0%
Includes 0g Added Sugars	0%
<b>Protein</b> 0g	0%
Vitamin D 0mcg	0%
Calcium 0mg	0%
Iron 0mg	0%
Potassium 0mg	0%
Vitamin A 0mcg	0%
Vitamin E 0mg	0%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS

COCONUT OIL.

PREPARATION AND COOKING

Ready to use.

SERVING SUGGESTIONS

LouAna Coconut Oil is ideal for baking, sautéing and stir-frying and contains 0 trans fats and no cholesterol.

PACKAGING AND STORAGE

Ship and store at 78-90 F.

NUTRITIONAL CLAIMS

KOSHER - PAREVE

EACH SPECIFICATIONS

<b>GTIN</b>	00026700152122	<b>L, W, H</b>	3.85in X 3.85in X 5.93in
<b>UPC</b>	026700152122	<b>Volume</b>	0.0509 cu ft
<b>Unit Size</b>	30 fluid ounce	<b>Net Weight</b>	1.8 lb
		<b>Gross Weight</b>	2.01 lb

CASE SPECIFICATIONS



<b>GTIN</b>	10026700152129	<b>L, W, H</b>	11.75in X 7.75in X 6.1in
<b>Pack Size</b>	6/30 OZ	<b>Volume</b>	0.3215 cu ft
<b>Ti X Hi</b>	20 X 7	<b>Net Weight</b>	10.8 lb
		<b>Gross Weight</b>	12.1 lb

The information in the specification sheet shown here may differ from the product in distribution. Please note that ingredients, formulations, and labeling regulations may change which can impact nutrition information at the time of publication and product distribution. Please refer to the nutritional and ingredient statement on the product package for the most accurate information.