

10.0 **NUTRITION INFORMATION:**

*Nutritional data is based on 100 grams

Moisture	98.2 g
Ash	1.74 g
Total Calories	1 Cal
Calories from Fat	0 Cal
Total Fat	<0.10 g
Saturated Fat	<0.05 g
Trans Fat	<0.01 g
Monounsaturated Fat	<0.05 g
Polyunsaturated Fat	<0.05 g
Cholesterol	<0.8 mg
Sodium	674 mg
Carbohydrates	<0.01 g
Dietary Fiber	<0.20 g
Sugars	<0.35 g
Protein	0.26 g
Total Vitamin A	<30 IU
Vitamin C	<0.44 mg
Calcium	1.7 mg
Iron	<0.2 mg