

Avocado Oil

Version 5.0

Revision Date: 6/1/20 QUA-SPC-035

PRODUCT SPECIFICATION

Product Information		
Product Name:	Avocado Oil	
Product Description:	Avocado Oil, Refined	
Ingredient statement:	NON-GMO Expeller Pressed Avocado Oil	
Certifications:	Kosher Pareve	
Country of Origin:	Spain	
GMO Statement:	Non-GMO	
Code Dating:	Letter followed by production date in MM/DD/YYYY Format. Example: A4/20/2016	

Physical Standards			
Clarity:	Clear		
Taste:	Light		
Texture:	Liquid		

Packaging and Storage Conditions			
Storage:	Ambient Conditions		

Physical Standards				
Color	Light Yellow			
Free Fatty Acid	Max 1			
Unsaponifiable Matter	Max 2.0%			
Saponification	187-197			
Iodine Value	75-95			
Refractive Index (20C):	1468-1476			
Moisture & Volatile	0.1% Max			
Smoke Point	482-520F			

Nutrition Information				
	Per Serving (14g)	Per 100g		
Calories	120	900		
Fat Total	14 Grams	100 Grams		
Moisture	0	0		
Protein	0	0		
Ash	0	0		
Available Carbohydrates	0	0		
Complex	0	0		
Sugar	0	0		
Calcium	<0.1 MG	<0.1 MG		
Iron	<0.1 MG	<0.1 MG		
Sodium	<0.1 MG	<0.1 MG		
Potassium	<0.1 MG	<0.1 MG		
Vitamin A	<5 ug R	<5 ug R		
Vitamin C	<0.1 MG	<0.1 MG		
Cholesterol	0	0		

Fatty Acid Composition		
Saturated Fats	14.2%	
cis-MONOSATURATES	71.4%	
cis-POLYUNSATURATES	14.2	
TRANS FATTY ACIDS	<1.0%	
16:0	5-25%	
16:1	1-12%	
18:0	Max. 3%	
18:1	50-74%	
18:2	6-20%	
18:3	Max 3%	
Other Fatty Acids	Max 1%	



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Microbiological Statement:

This statement addresses the potential presence of microbes in edible oils and fats that have been refined, bleached and deodorized (RBD). RBD processing steps are sufficient to kill and eliminate microorganisms that may be present in crude unrefined oil and the resulting finished product is a poor medium for growth.

Temperature is one of the most important factors in the survival and growth of microorganisms and the thermal processing of food is a common and effective method of microbial destruction. During deodorization of refined oils and fats, the oil is heated to temperatures as high as 500®F under vacuum while being sparged with steam.

The high temperature used in this processing step will destroy microorganisms that might be present in unrefined oils. This process also effectively removes residual water from the refined oil or fat, resulting in moisture levels as low as 0.05% or less, which will not support microbial growth.

Microbial contamination and growth in finished RBD edible oils and fats should not occur, provided theat the subsequent handling and storage procedures maintain sanitary conditions that effectively minimize the potential for contamination with moisture.

Allergen Statement:

Allergens in highly refined edible oilsThe potential causative agents of oil related food allergies are the proteins of the oilseed from which edible oils (soybean, canola, cottonseed, sunflower, corn, palm, palm kernel, coconut, and peanut) are extracted. These edible oils are then processed through refining, bleaching and deodorization unit operations. These edible oils described in studies as "highly refined" do not demonstrate a significant hazard to allergic individuals, as shown in studies using the "gold standard" for food allergy diagnosis, the double-blind placebo-controlled food challenge.

Additionally, the "Food Allergen Labeling and Consumer Protection Act of 2004, Sec. 203, subsection 7, par C.c.1.qq.2.1" under Conforming Amendments, states that highly refined oils are exempted as major food allergens and thus no petition is needed. (1) Milk, egg, fish (e.g., bass, flounder, or cod), Crustacean shellfish (e,g., crab, lobster, or shrimp), tree nuts (e.g., almonds, pecans, or walnuts) wheat, peanuts, and soybeans. (2) A food ingredient that contains protein derived from a food derived from a food specified in paragraph (1), except the following: 1. (A) Any highly refined oil derived from a food specified in paragraph (1) and any ingredient derived from such highly refined oil."

The studies indicate that allergenic individuals react to protein fractions of oilseeds rather than refined oils. Crude Oil from various oilseeds may contain trace amounts of protein; however, after the refining, bleaching, and deodorizing process no detectable protein remains.

Oil supplies from the process commonly known as Cold Press may not remove all traces of protein and should not be consumed by persons with allergies to oilseed proteins.

Healthy Brand packaged oils, olive, soybean canola, peanut, and corn, are not from cold press extraction processes and have no detectable proteins.

All studies located to date indicate that no allergenic reactions are likely when consuming fully refined, bleached, and deodorized vegetable oils.