PRODUCT NAME: Knorr Soup Du Jour Garden Vegetable 4 8.7oz

ITEM #: 10048001268033 UPC #: 48001268036 DU #: 84126803

INGREDIENT LIST:

INGREDIENTS: POTATOES, MODIFIED CORN STARCH, CARROTS, SEA SALT, SUGAR, GREEN BEANS, PEAS, ONIONS, YEAST EXTRACT, ZUCCHINI, TOMATOES, SOYBEAN OIL, LEEKS, CABBAGE (SULFITES), SPICES, ONION POWDER, GARLIC POWDER, SALT, XANTHAN GUM, CARROT POWDER, DISODIUM GUANYLATE, DISODIUM INOSINATE, CELERY POWDER, TURMERIC (FOR COLOR).

KOSHER STATUS: No GLUTEN FREE STATUS: Yes COUNTRY OF ORIGIN: USA

CLAIMS:

Contains a bioengineered food ingredient -Contains 1/2 cup of vegetables per labeled serving *Disclaimer: US Dietary Guidelines Recommend 2 1/2 Cup-equivalents of Vegetables Per Day for a 2,000 Calorie Diet. -No Artificial Flavors -Gluten Free -Made with Sea Salt -Cooks in 20 minutes -Just Add Water -Nutrition Facts Panel Format: Simplified with Not a significant source of statement -Serving size 1/4 cup (15 g) (Makes 1 cup Prepared) -Not a significant source of saturated fat, trans fat, cholesterol, vitamin D and calcium. -DIRECTIONS NOTE: Product must reach a minimum of 180°F (82°C) measured with a thermometer for 2 minutes by all cook methods given bellow. Stir before serving. KETTLE COOKER/STEAM TABLE: Gradually whisk contents of package in 1 gallon (3.75L) of water. Cover container. Set unit on high and cook for 30 minutes. See note above. STOVE TOP: In a suitable container, gradually whisk contents in 1 gallon (3.75L) of water. Bring to a boil. Cover and simmer for 20 minutes. Stir occasionally. See note above. CONVECTION OVEN: In a suitable container, gradually whisk contents in 1 gallon (3.75L) of water. Cover container. Set oven temperature to 350°F (176°C) and cook for 30 minutes. See note above. For optimal flavor and quality, hold soup for 30 minutes before serving. -

ON-PACK NUTRITION:

		1/4 cup	
		(15 g)	
		(makes 1	Dietary
		cup	guidelines
		prepared)	(RDA)
		15.38 g [15.38 g [
Nutrient	Per 100 g	15 g]	15 g]
Calories	340 kcal	50 kcal	
Total Fat	3 g	0 g	0%
Saturated Fat	0.5 g	0 g	0%
Trans Fat	0 g	0 g	
Cholesterol	0 mg	0 mg	0%
Sodium	4250 mg	650 mg	28%
Total Carbohydrate	70 g	11 g	4%
Dietary Fiber	7 g	1 g	4%
Total Sugars	12 g	2 g	
ncludes Added Sugars	8 g	1 g	2%
Protein	9 g	1 g	
Vitamin D	0 mcg	0 mcg	0%
Calcium	140 mg	0 mg	0%
Iron	2.9 mg	0.4 mg	2%
Potassium	1020 mg	160 mg	4%

ALLERGEN:

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Property	Value			
Cereals cont. Gluten and Prod. thereof	FREE FROM			
Egg and products thereof	FREE FROM			
Fish and products thereof	FREE FROM			
Milk and thereof (including lactose)	FREE FROM			
Peanuts and products thereof	FREE FROM			
Sesame Seeds and prods.	FREE FROM			
Crustaceans and products thereof	FREE FROM			
Molluscs and products thereof	FREE FROM			
Soybeans and products thereof	FREE FROM			
Sulphite	FREE FROM			
Nuts and products thereof	FREE FROM			
Treenuts	FREE FROM			