

PRODUCT NAME: Legout Instant Turkey Gravy Mix 8 1 lb

ITEM #: 10037500750064 UPC #: 37500750067 DU #: 84129599

INGREDIENTS: WHEAT FLOUR, WHEY PROTEIN CONCENTRATE, WHEY, MODIFIED CORN STARCH, HYDROLYZED SOY PROTEIN, PALM OIL, SALT, MALTODEXTRIN, MONOSODIUM GLUTAMATE, ONION POWDER, TURKEY POWDER, PAPRIKA AND TURMERIC (FOR COLOR), CARAMEL COLOR, SPICES, GARLIC POWDER, NATURAL FLAVORS, DISODIUM INOSINATE, DISODIUM GUANYLATE. ALLERGEN\DIET LIST: CONTAINS MILK, SOY AND WHEAT.

KOSHER STATUS: No

GLUTEN FREE STATUS: No

COUNTRY OF ORIGIN:

USA

CLAIMS: No Artificial Flavors -0g Trans Fat per serving -Contains a bioengineered food ingredient -Not a significant source of saturated fat, trans fat, polyunsaturated fat, monounsaturated fat, cholesterol, dietary fiber, added sugars, vitamin D, calcium, iron and potassium. -Cooks in 2 minutes -Traditional Taste -Yield 1 Gal -PREP DIRECTIONS: 1. Gradually whisk contents of package in 1 gallon (3.75 liters) of warm tap water. 2. Bring to a boil stirring frequently. Simmer 2 minutes. 3. Remove from heat. Pour gravy into serving container and maintain internal gravy temperature of 165 °F for 1 minute. -ALTERNATE DIRECTIONS: 1. Bring 3 quarts of water to a full rolling boil. 2. Combine 1 quart cool tap water and contents of pouch in a separate container. 3. Mix with a wire whisk until lump free. Pour water and contents of pouch blend into boiling water. Stir until gravy returns to a boil. Simmer for 2 minutes while stirring constantly. 4. Remove from heat. Pour gravy into serving container and maintain internal gravy temperature 165 °F for 1 minute. -FOR SMALLER QUANTITY PREPARATION INSTANT GRAVY MIX YIELD/MEASURED/DRY WEIGHT/WATER 1 QUART/1 CUP/4OZ/1 QUART - Nutrition Facts Panel Format: Simplified with Not a significant source of statement -64 1/4 cups Servings

ON-PACK NUTRITION:

Nutrient	Per 100g 100 g	Serving size 1 Tbsp (7g) (makes 1/4 cup prepared)	Dietary guidelines (RDA) 7.09 g
Calories	360 kcal	25 kcal	
Total Fat	8 g	0.5 g	1%
 Saturated Fat	4 g	0 g	0%
 Trans Fat	0 g	0 g	
Polyunsaturated Fat	1 g	0 g	
Monounsaturated Fat	3 g	0 g	
Cholesterol	15 mg	0 mg	0%
Sodium	4600 mg	330 mg	14%
Total Carbohydrate	58 g	4 g	1%
 Dietary Fiber	2 g	0 g	0%
 Total Sugars	17 g	1 g	
 Includes Added Sugars	0 g	0 g	0%
Protein	11 g	Less than 1 g	

Vitamin D	0 mcg	0 mcg	0%
Calcium	180 mg	0 mg	0%
Iron	2.1 mg	0 mg	0%
Potassium	510 mg	0 mg	0%

ALLERGEN:

Property	Value
Cereals cont. Gluten and Prod. thereof	CONTAINS
Egg and products thereof	FREE FROM
Fish and products thereof	FREE FROM
Milk and thereof (including lactose)	CONTAINS
Peanuts and products thereof	FREE FROM
Sesame Seeds and prods.	FREE FROM
Crustaceans and products thereof	FREE FROM
Molluscs and products thereof	FREE FROM
Soybeans and products thereof	CONTAINS
Sulphite	FREE FROM
Nuts and products thereof	FREE FROM
Treenuts	FREE FROM