PRODUCT NAME: LeGout Instant Beef Gravy Mix 8 12.16 oz

ITEM #: 10037500750019 UPC #: 37500750012 DU #: 84129471

INGREDIENTS: WHEAT FLOUR, MODIFIED CORN STARCH, SALT, MONOSODIUM GLUTAMATE, YEAST

EXTRACT, BEEF STOCK, HYDROLYZED SOY PROTEIN, CARAMEL COLOR, SUGAR, ONION POWDER, BEEF

FAT, PAPRIKA, XANTHAN GUM, MALTODEXTRIN, SPICES, DISODIUM INOSINATE, DISODIUM GUANYLATE, NATURAL FLAVOR, COLOR ADDED, GUM ARABIC, BHA AND PROPYL GALLATE (USED TO

PROTECT QUALITY).

ALLERGEN\DIET LIST: CONTAINS SOY AND WHEAT

**KOSHER STATUS:** 

No

**GLUTEN FREE STATUS:** 

No

**COUNTRY OF ORIGIN:** 

USA

CLAIMS: Contains a bioengineered food ingredient -0g Trans Fat per serving -No Artificial Flavors -With Beef Stock -Smooth Texture -Servings 64 -Yield 1 GAL -PREP DIRECTIONS: 1. Gradually whisk contents of package in 1 gallon (3.75 liters) of warm tap water. 2. Bring to a boil stirring frequently. Simmer 2 minutes. 3. Remove from heat. Pour gravy into serving container and maintain internal gravy temperature of 165°F for 1 minute. FOR SMALLER QUANTITY PREPARATION Yield / Measured / Dry Weight / Water 1 Quart / 2/3 Cups / 3 oz / 1 Quart -Not a significant source of saturated fat, trans fat, polyunsaturated fat, monounsaturated fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron and potassium.

## **ON-PACK NUTRITION:**

		1 Tbsp (5g) (makes 1/4 cup	Dietary guidelines
Nutrient	Per 100 g	prepared) 5.31 g	(RDA) 5.31 g
Calories	320 kcal	15 kcal	
Total Fat	2.5 g	0 g	0%
Saturated Fat	1 g	0 g	0%
Trans Fat	0 g	0 g	
Polyunsaturated Fat	0 g	0 g	
Monounsaturated Fat	1 g	0 g	
Cholesterol	Less than 5 mg	0 mg	0%
Sodium	5040 mg	270 mg	12%
Total Carbohydrate	62 g	3 g	1%
Dietary Fiber	4 g	0 g	0%
Total Sugars	3 g	0 g	
Includes Added Sugars	3 g	0 g	0%
Protein	11 g	Less than 1 g	
Vitamin D	0 mcg	0 mcg	0%
Calcium	30 mg	0 mg	0%
Iron	1.3 mg	0 mg	0%
Potassium	310 mg	0 mg	0%

## ALLERGEN:

Property	Value
Cereals cont. Gluten and Prod. thereof	CONTAINS
Egg and products thereof	FREE FROM

Fish and products thereof	FREE FROM
Milk and thereof (including lactose)	FREE FROM
Peanuts and products thereof	FREE FROM
Sesame Seeds and prods.	FREE FROM
Crustaceans and products thereof	FREE FROM
Molluscs and products thereof	FREE FROM
Soybeans and products thereof	CONTAINS
Sulphite	FREE FROM
Nuts and products thereof	FREE FROM
Treenuts	FREE FROM