

Father Sam's Bakery  
1fs 02240

Large Wheat Pita  
(net weight 32oz. (907g)  
Version 2.1

Nutrition Facts				
16 servings per container				
Serving Size		1/4 pita (57g)		
		Per servng	Per serving	
Calories		140	560	
		% DV	% DV	
Total Fat	0.5g	1%	2g	2%
Saturated Fat	0g	0%	0g	2%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	300mg	13%	1200mg	52%
Total Carbohydrate	30g	11%	120g	44%
Dietary Fiber	2g	9%	8g	36%
Total Sugars	3g		12g	
Incl. Added Sugars	3g	5%	12g	20%
Protein	5g		20g	
Vitamin D	0.1mcg	0%	0.4mcg	0%
Calcium	88mg	6%	352mg	32%
Iron	1.6mg	8%	6.4mg	32%
Potassium	99mg	2%	396mg	8%
* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a diet. 2000 calories a day is used for general Nutrition advice				

Ingredients: Whole Wheat Flour, Enriched-Unbleached Flour, (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamin Mononitrate [vitamin B1] Riboflavin [vitamin B2], Folic Acid), Water, Sugar, Salt Yeast, Calcium propionate, Guar Gum, Monoglycerides, Sodium Acid Pyrophosphate, Wheat Starch, Sodium Bicarbonate, Sodium Stearoyl Lactylate, Enzyme, Ascorbic Acid, Fumaric Acid

Contains: Wheat Flour

Contains: Bioengineered Ingredients