



NUTRITION OUTPUT FORM

ITEM NUMBER: 003196

ITEM DESCRIPTION: HOLA CHURRO – CHOCOLATE FILLED -10/100 COUNT

Nutrition Facts	
100 servings per container	
Serving size	1 churro (78g)
Amount per serving	
Calories	240
% Daily Value*	
Total Fat 12g	15%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 210mg	9%
Total Carbohydrate 32g	12%
Dietary Fiber 1g	4%
Total Sugars 5g	
Includes 5g Added Sugars	10%
Protein 2g	
Vitamin D 0.1mcg	0%
Calcium 10mg	0%
Iron 2.1mg	10%
Potassium 80mg	2%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

INGREDIENTS: WATER, ENRICHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (CONTAINS ONE OR MORE OF THE FOLLOWING: CANOLA OIL, COTTONSEED OIL, PALM OIL, SOYBEAN OIL), CREME FILLING (HIGH FRUCTOSE CORN SYRUP, WATER, SUGAR, COCOA [PROCESSED WITH ALKALI], FOOD STARCH-MODIFIED, VEGETABLE SHORTENING [PALM OIL, MONO AND DIGLYCERIDES, POLYSORBATE 60], SOYBEAN OIL, SALT, PRESERVATIVES [POTASSIUM SORBATE, SODIUM BENZOATE], NATURAL AND ARTIFICIAL FLAVORS, PHOSPHORIC ACID, TITANIUM DIOXIDE [COLOR], YELLOW 5, YELLOW 6), WHEAT STARCH, CONTAINS 2% OR LESS OF THE FOLLOWING: ARTIFICIAL FLAVOR, FOOD STARCH-MODIFIED, SUGAR, WHEAT GLUTEN, SALT, BAKING POWDER (SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE, CORN STARCH, MONOCALCIUM PHOSPHATE), EGG WHITES, MONOGLYCERIDES, XANTHAN GUM, WHEY, SOY LECITHIN.

CONTAINS EGG, MILK, SOY, WHEAT.

CONTAINS A BIOENGINEERED FOOD INGREDIENT.

LAST MODIFIED: 8.11.23

MODIFIED BY: Rachel Reynolds

100g NUTRITIONAL	
Basic Components	
Calories (kcal)	308.348
Calories from Fat (kcal)	132.975
Protein (g)	2.874
Carbohydrates (g)	41.546
Dietary Fiber (2016) (g)	1.197
Total Sugars (g)	6.971
Added Sugar (g)	6.924
Fat (g)	14.775
Saturated Fat (g)	6.088
Mono Fat (g)	5.318
Poly Fat (g)	1.26
Trans Fatty Acid (g)	0.157
Cholesterol (mg)	0.151
Water (g)	38.04
Ash (g)	0.782
Vitamins	
Vitamin A - RAE (mcg)	0
Vitamin C (mg)	0.005
Vitamin D - IU (IU)	0.181
Vitamin D - mcg (mcg)	0.145
Minerals	
Calcium (mg)	14.523
Iron (mg)	2.679
Potassium (mg)	106.896
Sodium (mg)	263.792

DOCUMENT REVISION #: 1