

Nutrition Information

Selection Peppermint Twist (21209)

Nutrition Facts			
Serving Size 32 g (1.1 oz)			
Servings Per Container 8 oz Cup			
Amount Per Serving			
Calories 130 Calories from Fat 15			
% Daily Value*			
Total Fat 1.5g			3 %
Saturated Fat 0g			0 %
Trans Fat 0.5g			
Cholesterol 5mg			2 %
Sodium 130mg			5 %
Total Carbohydrate 26g			9 %
Dietary Fiber 0g			0 %
Sugars 18g			
Protein 3g			
Vitamin A 0% • Vitamin C 0%			
Calcium 4% • Iron 0%			
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

INGREDIENTS: Sugar, Whey, Non-Dairy Creamer (Corn Syrup Solids, Partially Hydrogenated Coconut And/Or Soybean Oil, Sugar, Sodium Caseinate [A Milk Derivative], Dipotassium Phosphate, Mono & Diglycerides, Sodium Silico Aluminate, Artificial Color And Flavor), Maltodextrin, Instant Coffee, Cellulose Gum, Silicon Dioxide, Sodium Citrate, Cocoa Powder (processed with alkali), Natural & Artificial Flavor

CONTAINS: MILK

Caffeine: 16 mg