



Gold Medal Products Co.
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5629 Unsalted Top Meister Bake Pretzel

Number of Servings: 1 (170.09 g per serving)

Weight: 170.09 g

Nutrition Facts	
Serving Size 1 pretzel (170g)	
Servings Per Container	
Amount Per Serving	
Calories 430	Calories from Fat 70
% Daily Value*	
Total Fat 8g	12%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 870mg	36%
Total Carbohydrate 76g	25%
Dietary Fiber 3g	12%
Sugars 0g	
Protein 13g	
Vitamin A 0%	• Vitamin C 0%
Calcium 2%	• Iron 25%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Ingredients:

Wheat flour, water, shortening (soybean and palm oils), contains 2 % or less of salt, mono and diglycerides, non-fat dry milk, soy lecithin, sodium benzoate (a preservative), artificial flavor, vitamin A palmitate, beta carotene (color), yeast, malt powder, potato starch, calcium propionate, potassium sorbate and enzyme..

Allergens:

Contains Milk, Soy, Wheat.