

MELBA TOAST

Ingredients: Bleached Enriched Wheat Flour [Containing Niacin, Reduced Iron, Thiamine Mononitrate (Vitamin B₁), Riboflavin (Vitamin B₂) And Folic Acid], Vegetable Shortening (Partially Hydrogenated Soybean Oil), Wheat Gluten, Dextrose, Yeast, Salt, Molasses, Dough Conditioner (L-Cysteine), Ascorbic Acid.

CONTAINS: WHEAT

NUTRITION FACTS			
Serving Size 6 Slices (15g/0.6 Oz.)			
Servings Per Container About 40			
Amount Per Serving			
Calories 60		Calories from Fat 10	
% Daily Value*			
Total Fat	1.5g		2%
Saturated Fat	0g		0%
Polyunsaturated Fat	0.5g		
Monounsaturated Fat	0g		
Cholesterol	0mg		0%
Sodium	105 mg		4%
Total Carbohydrate	11g		4%
Dietary Fiber	0g		0%
Sugars	Less than 1g		
Protein	2g		
Vitamin A	0%	•	Vitamin C 0%
Calcium	0%	•	Iron 4%
Thiamin	6%	•	Riboflavin 4%
Niacin	4%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat	9	•	Carbohydrate 4
		•	Protein 4