

Nutrition Facts	
Serving Size 1/3 cup (85 g)	
Serving Per Container 38	
Amount Per Serving	
Calories	110
Calories from Fat	0
Total Fat	0 g
Saturated Fat	0 g
Trans Fat	0 g
Cholesterol	0 mg
Sodium	10 mg
Total Carb.	19 g
Dietary Fiber	2 g
Sugars	13 g
Protein	0 g
Vitamin A	0
Vitamin C	0
Calcium	0
Iron	2%

Ingredients
Blackberries, water, high fructose corn syrup, food starch-modified (corn), corn syrup, potassium sorbate (preservative), and citric acid.