



National Foods Packaging®

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ECONOMY PANCAKE MIX

Origin: Product of USA
Brand: Economy
Pack: Depends on Pack Size
Package Format: Multi Wall Poly Lined Bag
Gross Weight: Depends on Pack Size
Net Weight: Depends on Pack Size
Bag Size: Depends on Pack Size
Shelf Life: 12 Months
Quantity: Depends on Pack Size
Pallet Ti/Hi: Depends on Pack Size
Servings/Case: Depends on Pack Size
Storage: Store in a cool, dry place between 35F and 80F degrees.
Product Preparation: Just Add Water

***SEE PRODUCT LABEL FOR COMPLETE INSTRUCTIONS--**DO NOT FREEZE**

Ingredients: Flour, Sugar, Dextrose, Leavening (baking soda, sodium aluminum phosphate), Salt, Soybean Oil, Artificial Flavor, Eggs.

Allergens: Soy, Wheat, Eggs.

Nutrition Facts:

Serving Size: 30 g (1 oz.)
Servings Per Container: Depends on Pack Size

Amount Per Serving		
Calories		120
Calories From Fat		30
	% Daily Value	
Total Fat	3.5g	5%
Saturated Fat	1g	5%
Trans Fat	1g	
Cholesterol	0mg	0%
Sodium	100mg	5%
Total Carb	22g	7%
Dietary Fiber	1g	3%
Sugars	15g	
Protein	1g	

Vitamin A 0% ~ Vitamin C 0%
Iron 0% ~ Calcium 15%

*Percent Daily Values are based on a 2,000 Calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2000	2500
Total Fat	Less Than	65g	80g
Sat Fat	Less Than	20g	25g
Cholesterol	Less Than	300g	300g
Sodium	Less Than	2400g	2400g
Total Carb		300g	375g
Fiber		25g	30g

Calories per gram: Fat 9 * Carbohydrates 4 * Protein 4

The information shown here may vary from the information on product currently in distribution. Keep in mind that ingredients, formulas, and labeling regulations may change, so nutrition may also change. For the most accurate information for a particular product, please refer to the nutrition and ingredient information on the product package, or call for the most recent version.