

Nutrition Facts

63 servings per container

Serving size **1/8 cup dry mix**
(36g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 2.5g	3%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 290mg	13%
Total Carbohydrate 29g	11%
Dietary Fiber 1g	4%
Total Sugars 6g	
Includes 6g Added Sugars	12%
Protein 3g	6%

Not a significant source of vitamin D, calcium, iron, and potassium

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS:

Bleached Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin, Folic Acid), Cornmeal, Dextrose, Soybean Oil, Baking Powder, (Calcium Acid Pyrophosphate, Sodium Bicarbonate, Monocalcium Phosphate, Corn Starch), Baking Soda, Salt, Natural and Artificial Flavors.

CONTAINS:

Wheat.